

~ Birthing Spirit Center ~
Sedgwick, Maine



Fall Equinox Daylong

Sunday: September 23rd 2012 10:00AM - 4:00 PM

Please come celebrate and honor this powerful time of season. We will be gathering in circle to share in silent meditation, guided shamanic drumming, and journey work. No previous shamanic journey experience is necessary. A light lunch will be provided. Please bring your drums and rattles. We will be meeting both inside and outside, weather permitting, so please bring comfortable, warm clothing. Followed by a potluck feast. Cost : \$ 65

For more information please contact :

Susan Jenkins

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* A non-refundable \$25 deposit is suggested to reserve your place in the circle.