## A Spring Equinox Gathering

Wednesday ~ March  $20^{th}$  1– 5PM

Followed by a potluck.

Birthing Spirit Center, Old County Road, Sedgwick, Maine



Come gather together to honor this sacred door of the Spring Equinox. During our time together we will clarify our intentions for this new season of growth and transformation through fasting, earth practices, drumming, meditation, prayer & guided shamanic journeying. We will be working both inside and out weather permitting.

Facilitator: Susan Jenkins

\$45 ~ To register and for more details please contact:

Susan Jenkins <u>susanjenkinsurban@gmail.com</u>

207-359-4626 Cell: 207-266-8598

Lodging available.

shamanichealingwork.com