

# *A Women's Daylong Writing Retreat*

*Giving Voice to the Wild Woman Within*



*Saturday October 20<sup>th</sup>, 2012*

*9 AM- 4 PM*

*Location: Birthing Spirit Center ~ Sedgwick, Maine*

*A wild, secluded woodland setting*

*"Within every woman there is a wild and natural creature, a powerful force, filled with good instincts, passionate creativity, and ageless knowing. Her name is Wild Woman, but she is an endangered species. Though the gifts of the wildish nature come to us at birth, society's attempt to "civilize" us into rigid roles has plundered this treasure, and muffled the deep, life-giving messages of our own souls. Without Wild Woman, we become over-domesticated, fearful, uncreative, trapped." Clarissa Pinkola Estes*

*A daylong writing retreat for women to honor and invite our wild woman within to express herself through spontaneous, authentic writing.*

*Prompts will be excerpted from Clarissa Pinkola Estes book*

*Women Who Run With the Wolves*

*A light lunch and snacks will be provided.*

*You are invited to stay for an optional potluck dinner following the retreat.*

*Cost: \$50*

*Bring warm, comfortable clothing, notebooks and journals.*

*For more information and to reserve your space, please contact:*

*Susan Jenkins, Sedgwick, Maine*

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