

Week#9

Fourney

with Owl to

Cave of Self

ATTRIBUTES IN THE WEST: INTROSPECTION, HUMILITY, HONESTY, AUTHENTICITY, TRUE POWER.

1 AN

DESCRIBE YOUR JOURNEY TO THE CIRCLE OF GUIDES AND THE PASSING OF THE OBSIDIAN LIGHT BLADE CEREMONY.





DESCRIBE YOUR JOURNEY TO "CAVE OR LODGE OF SELF" WITH OWL AND OWL SPIRIT WOMAN. WHAT PARTS OF YOURSELF DID YOU FIND IN THE CAVE?



3.

INSPIRED ACTIONS: INTROSPECT AND REFLECT ON WHAT ROLE EACH PART OF YOU THAT YOU MIGHT HAVE SEEN TODAY PLAYS IN YOUR LIFE.





ARE YOU ATTACHED TO ANY IN PARTICULAR?
REFLECT ON WHY. HOW HAVE YOU KEPT YOURSELF
SAFE BY IDENTIFYING WITH AND "BEING" HER?





WRITE ABOUT WHO YOU WOULD BE IF YOU WERE TO SHED THIS PARTICULAR OLD SKIN OF YOU? WHAT WISDOM HAS THIS PART OF YOU HELD? HOW HAS IT KEPT YOU SAFE UP UNTIL NOW?

